



Moving Forward



Today I spoke with a Pit Bull who had passed into spirit. As he conveyed to me that he was part of his person's soul, he also conveyed that he had come into this man's life as a reflection of all his person was and could be. The strength, the stability that he offered his person would always be available to him regardless of his non physical condition, but even more, these traits were a part of this man all along. He came into his person's life to show him who his man really was. It was time to take his life experience to the next level. It was time to live all he had shared and honor their relationship in that way.

As we finished the consult I stopped to think how familiar their relationship was with my dog, Indigo, and me. Indigo had been my anchor and source of strength, as well. He came into my life when my heart was healing and remained through some tough life experiences during our nearly 15 years together.

A week or so before his transition he told me he was tired and it was time to let go of his worn out body. I completely understood. If anyone had lived their life to the fullest, it was Indigo. He grabbed life by the horns and didn't let go until the very end.

I have certainly had my times of tears and great heartache, but I have also been amazed at how much I can still feel him all around me. I catch him standing on the hillside surveying the territory below. I feel him brush up against my leg or pressing up against my foot as I am sitting watching television. When I close my eyes I can feel the touch of his course black and grey fur. I can see the glint of his mischievous eyes.

Today, when my office manager came into my office, she paused as she placed her hand on the door knob saying, "I thought there was a dog behind the door. I could feel pressure like someone was lying up against it." As I shifted my gaze I could see him laying there. I feel his presence in my young pup, Bru, from time to time; in his actions and through his eyes. I feel his blessing that he wishes me to live, to make the most of life as he did.

2015 found me celebrating 20 years of being in business. It has been quite the ride over the years, from getting my book published years ago, to the Monroe Institute asking me to be the artist for one of their Hemi-Sync CD's, trips abroad to talk with animals and lead workshops, the local workshops, and of course all the wonderful animals and people I have worked with over the years in private consults.

So while I am not going to do New Year's resolutions of sorts, I do plan on honoring my beloved friend by renewing my love of what I do and seeking out more ways to remember my passion for life and this truly wonderful gift of doing what I love.

For those of you who have had a friend or friends transition in 2015, pay attention to the signs of their continued presence. Don't brush off those glimpses or coincidences, because in my experience, there truly are no such things as coincidences. Honor whatever they came to share with you by living or acknowledging it. For those of you with new animals who joined you this past year, enjoy them, listen to them, and embrace them.

Thank you for sharing yourselves and especially your animals. I hope you will join us on Facebook if you haven't already or in one or more of the upcoming spring workshops! I so appreciate working with you in the private consultations.

In Kinship,
Patty



For information about our spring workshops:
psanimal.com/workshops.html